

Sevier County Community Resource List

MENTAL HEALTH AND FAMILY RESOURCES	
Allies with Families (801) 433-2595 Additional Info: Insurance, male/female, therapists, specialty, services they offer	Juvenile Justice Services Central Utah Youth Center (435) 893-2340 449 N SR 118 Richfield Utah 84701 Additional Info: Youth Services https://jjys.utah.gov/services/youth-services/
Central Utah Counseling Center 255 S Main St, Richfield, UT 84701 (435) 896-8236 Emergency after-hours line: (877) 469-2822 Offers mental health and substance use disorder treatment on a sliding scale fee Offers group, individual, and family therapy Accepts Medicaid and some Medicare	LDS Family Services Chris Farrer, LCSW Holly Pipes, CSW 190 W 100 S Richfield, UT 84701 (435) 896-6446 Offers group, individual, family, and couples therapy Requires bishop referral
Children's Justice Center Karen Ashby (435) 896-3838 58 E 300 N Richfield, UT 84701 (435) 893-0488	Mobile Crisis Outreach Team (801) 587-3000 Additional Info: Provides 24/7 free and confidential crisis support
Division of Child and Family Services 201 East 500 North Richfield Utah 435-896-1250 dhsinfo@utah.gov Additional Info: Keeps children safe from abuse, neglect, and domestic violence by working with communities and strengthening families.	New Horizons Crisis Center 145 E 100 N Richfield, UT 84701 (435) 896-9294 https://centralutahcrisisintervention.org/ Additional Info: Advocates for victims of domestic violence, sexual assault, and homeless. Offers crisis counseling, support groups, and classes.
Family Support Center 58 E 300 N Richfield, UT 84701 (435) 896-4256 Additional Info: Nurturing Parenting 6 Week Parenting Course offered online. Respite and Crisis Care Nursery available.	Sevier Valley Hospital (IHC) 1000 N Main St Richfield, UT (435) 893-4100 (main)
Four Points Health 440 South Main Street Richfield, UT 84701 (435) 893-6800 www.fourpointshealth.org	Sevier Behavioral Health Network (435) 893-0644 (grant \$10/session for 28 weeks) Stepping Stones Family Counseling Toni Kennedy LCSW MSW

Additional Info: Offering counseling through telehealth only at this time. Accepting most insurances, offering a sliding scale program for those who meet income guidelines.	Mindy Wright CMHC Korin Richins LCSW MSW Stephanie Chappell Facilitator/Life Coach (435) 979-1581 Additional Info: Accept Most Insurances, they also have grant funding.
Rise Up Counseling 3 East Main Street Salina, UT (801) 635-5071 Page Gurney, CMHC Kass Robinson, LMFT Additional Info: Accepts most insurances Certified in EMDR	Sunray Family Counseling Center Colton Jones, LCSW Judy Whitmore, CMHC Lichelle Fewkes, CSW 375 N Main St Richfield, Ut 84701 (435) 283-4690 https://www.sunrayfamilycounseling.com/ Additional Info: Offers individual, couples, and family therapy. Accepts most insurances
Utah Behavior Services Hope Lambertson Lawren Rohling 60 E 100 N Suite 2 Richfield, UT 84701 (801)255-5131 Additional Info: In-home and clinic based services available. Helping families achieve successful relationships by providing you the skills needed to succeed. Children, adolescent & adult services, diagnostic evaluations.	Family Solutions Therapy Troy Faddis, LMFT Rachel Lucero, AMFT 72 W Patriot Way #1139 Richfield, UT 84701 (435) 200-3422 www.familysolutionstherapy.com Additional Info: Offers family, couples, and individual therapy. Accepts most insurances
Systems of Care (High Fidelity Wrap-Around) Department of Human Services https://hs.utah.gov/systemofcare (801) 538-3995 Additional Info: Support for families to receive services from different resources as part of a collaborative team. All information is provided online at:	Positive Presence Therapy Cinna Holsclaw, LCSW 635 N Main St #687 Richfield, UT 84701 (435) 274-7080 www.positivepresencesolutions.com Additional Info: Offers parent-child interaction therapy between ages of 2-7 dealing with ADHD, ODD and trauma. Offers other treatment modalities for ages 8 and up
Clover Clinical Angela Taylor, LCSW 41 S 100 E Ste B Richfield, UT 84701 (435) 691-5644 Additional Information:	Voyager Therapy Kory L. Meacham CMHC 164 N. Main Richfield, UT 84701 (435) 633-1701 Additional information:

Accepts most insurances/cash Offers individual, couples, and family therapy Offers play therapy Certified in EMDR	Takes most local insurance Focus: Adolescent NOJOS Treatment
Lifetouch Counseling Chris Matthews, CMHC 164 N Main St. Richfield, Utah 84701 (435) 893-6008 https://lifetouchcounseling.net/ Additional Info: Offers play therapy, substance abuse therapy, and individual, couples, and family counseling Accepts most local insurances	Gunnison Valley Hospital 64 E 100 N Gunnison, UT 84634 (435) 528-7246
Central Utah Health Department 70 West View Dr Richfield, Ut 84701 (435)896-5451 Additional Info: Integrated Services for children with special health care needs. Care coordination. “Parents as Teachers” for families with children 0-3 years of age.	Cook Center- Parent Coaching parentguidance.org/school-coaching Additional Info: One-on-one parent coaching directed to your specific need. Includes one meeting a week for 30 minutes per session and direct coach contact through an app anytime throughout the week.
Families First Sevier Coordinator: ShaunaLee Wall (435) 660-1235 Additional Info: A unique intensive in-home intervention designed to teach parents and youth the necessary skills to change behaviors, build relationships, and stabilize the home.	Markham McReynolds, LMFT (801) 810-7087 https://care.tavahealth.com/providers/markham-mcreynolds Offers virtual therapy
Intensive Care Coordination Division of Family Health Charlie Christensen 385-321-0111	Ascend Counseling and Wellness Bracken Lovell 435-688-1111 Richfield Office Coming Soon!! 1173 South 250 West Building 1, Suite 208 St. George, UT Additional Info: Licensed marriage and family therapist. Works with individuals, couples, and families—a lot of experience with adolescents and couples, ADHD, anxiety—especially performance, and social anxiety.
Sandstone Psychology Brennon Hutchings Certified Social Worker Sevier County hutch12b@gmail.com	Carrie Martinez-Wolf Early Childhood Care Coordination Program Coordinator 0-8 Care Coordination Program - ISP Office of CSHCN Division of Family Health C: 385-271-6728 care.coordination@utah.gov

435-421-4430

<https://earlychildhood.utah.gov/>
<https://familyhealth.utah.gov/cshcn/integrated-services-program/#zeroto8>

Additional Info: **DHHS - 0-8 Care Coordinators** provide compassionate, well-informed support to families by connecting them to resources, educational services, screenings, and make referrals for children ages 0 to 8. This no cost, statewide service has no eligibility requirements and ensures families receive the care and support they need. Our care coordination program offers this free no- cost service to families and children aged Birth through 8 statewide. And our Care Coordinators speak Spanish and we also have access to an interpreter service for other language needs.

Online Resources

SafeUT APP

safeut.org

A crisis chat and tip line that provides real-time crisis intervention through live chat and a confidential tip line



Suicide Prevention Hotline

988

<https://988lifeline.org/>

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.



Cook Center

Parent Guidance Series

Mental health training series is offered via Zoom once a month for anyone to join. Go to seviersd.org to register.

Parent Guidance.org

<https://parentguidance.org/>

This is a website to help parents who may have a child who needs mental health support.



USBE Link to additional websites

<https://www.schools.utah.gov/prevention/parentseminars>

This links provides helpful resources for prevention and other student services.

If you are aware of a local resource we may have overlooked please email shyla.anderson@seviersd.org. Thanks!