

# Sevier County Community Resource List

## MENTAL HEALTH AND FAMILY RESOURCES

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| <p><b>Allies with Families</b><br/>(801) 433-2595</p> <p>Additional Info: Insurance, male/female, therapists, specialty, services they offer</p>  | <p><b>Juvenile Justice Services</b><br/><b>Central Utah Youth Center</b><br/>(435) 893-2340<br/>449 N SR 118<br/>Richfield Utah 84701</p> <p>Additional Info: Youth Services<br/><a href="https://jjys.utah.gov/services/youth-services/">https://jjys.utah.gov/services/youth-services/</a></p>   |
| <p><b>Central Utah Counseling Center</b><br/>255 S Main St, Richfield, UT 84701<br/>(435) 896-8236<br/>Emergency after-hours line: (877) 469-2822</p> <p>Offers mental health and substance use disorder treatment on a sliding scale fee<br/>Offers group, individual, and family therapy<br/>Accepts Medicaid and some Medicare</p> | <p><b>LDS Family Services</b><br/><b>Chris Farrer, LCSW</b><br/><b>Holly Pipes, CSW</b><br/>190 W 100 S<br/>Richfield, UT 84701<br/>(435) 896-6446</p> <p>Offers group, individual, family, and couples therapy<br/>Requires bishop referral</p>   |
| <p><b>Children's Justice Center</b><br/>Karen Ashby (435) 896-3838<br/>58 E 300 N<br/>Richfield, UT 84701<br/>(435) 893-0488</p>  | <p><b>Mobile Crisis Outreach Team</b><br/>(801) 587-3000</p> <p>Additional Info: Provides 24/7 free and confidential crisis support</p>  |
| <p><b>Division of Child and Family Services</b><br/>201 East 500 North<br/>Richfield Utah<br/>435-896-1250<br/><a href="mailto:dhsinfo@utah.gov">dhsinfo@utah.gov</a></p> <p>Additional Info: Keeps children safe from abuse, neglect, and domestic violence by working with communities and strengthening families.</p>              | <p><b>New Horizons Crisis Center</b><br/>145 E 100 N<br/>Richfield, UT 84701<br/>(435) 896-9294<br/><a href="https://centralutahcrisisintervention.org/">https://centralutahcrisisintervention.org/</a></p> <p>Additional Info: Advocates for victims of domestic violence, sexual assault, and homeless. Offers crisis counseling, support groups, and classes.</p> |
| <p><b>Family Support Center</b><br/>58 E 300 N<br/>Richfield, UT 84701 (435) 896-4256<br/>Additional Info: Nurturing Parenting 6 Week Parenting Course offered online. Respite and Crisis Care Nursery available.</p>   | <p><b>Sevier Valley Hospital (IHC)</b><br/>1000 N Main St<br/>Richfield, UT<br/>(435) 893-4100 (main)</p>  |
| <p><b>Four Points Health</b><br/>440 South Main Street<br/>Richfield, UT 84701<br/>(435) 893-6800<br/><a href="http://www.fourpointshealth.org">www.fourpointshealth.org</a></p>  | <p><b>Sevier Behavioral Health Network</b><br/>(435) 893-0644<br/>(grant \$10/session for 28 weeks)<br/><b>Stepping Stones Family Counseling</b><br/>Toni Kennedy LCSW MSW<br/>Mindy Wright CMHC</p>   |

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| <p>Additional Info: Offering counseling through telehealth only at this time. Accepting most insurances, offering a sliding scale program for those who meet income guidelines.</p>   | <p>Korin Richins LCSW MSW<br/>Stephanie Chappell Facilitator/Life Coach<br/>(435) 979-1581</p> <p>Additional Info: Accept Most Insurances, they also have grant funding.</p>   |
| <p><b>Rise Up Counseling</b><br/>3 East Main Street<br/>Salina, UT<br/>(801) 635-5071</p> <p>Page Gurney, CMHC<br/>Kass Robinson, LMFT</p> <p>Additional Info: Accepts most insurances<br/>Certified in EMDR</p>  | <p><b>Sunray Family Counseling Center</b><br/>Colton Jones, LCSW<br/>Judy Whitmore, CMHC<br/>Lichelle Fewkes, CSW<br/>375 N Main St<br/>Richfield, Ut 84701<br/>(435) 283-4690<br/><a href="https://www.sunrayfamilycounseling.com/">https://www.sunrayfamilycounseling.com/</a></p> <p>Additional Info: Offers individual, couples, and family therapy. Accepts most insurances</p>                           |
| <p><b>Utah Behavior Services</b><br/>Hope Lambertson   Lawren Rohling<br/>60 E 100 N<br/>Suite 2<br/>Richfield, UT 84701<br/>(801)255-5131</p> <p>Additional Info: In-home and clinic based services available. Helping families achieve successful relationships by providing you the skills needed to succeed. Children, adolescent &amp; adult services, diagnostic evaluations.</p> | <p><b>Family Solutions Therapy</b><br/>Troy Faddis, LMFT<br/>Rachel Lucero, AMFT<br/>72 W Patriot Way #1139<br/>Richfield, UT 84701<br/>(435) 200-3422<br/><a href="http://www.familysolutionstherapy.com">www.familysolutionstherapy.com</a></p> <p>Additional Info: Offers family, couples, and individual therapy. Accepts most insurances</p>  |
| <p><b>Systems of Care (High Fidelity Wrap-Around)</b><br/>Department of Human Services<br/><a href="https://hs.utah.gov/systemofcare">https://hs.utah.gov/systemofcare</a><br/>(801) 538-3995</p> <p>Additional Info: Support for families to receive services from different resources as part of a collaborative team. All information is provided online at:</p>                     | <p><b>Positive Presence Therapy</b><br/>Cinna Holsclaw, LCSW<br/>635 N Main St #687<br/>Richfield, UT 84701<br/>(435) 274-7080<br/><a href="http://www.positivepresencesolutions.com">www.positivepresencesolutions.com</a></p> <p>Additional Info: Offers parent-child interaction therapy between ages of 2-7 dealing with ADHD, ODD and trauma.<br/>Offers other treatment modalities for ages 8 and up</p> |
| <p><b>Lifetouch Counseling</b><br/><b>Chris Matthews, CMHC</b><br/>164 N Main St.<br/>Richfield, Utah 84701<br/>(435) 893-6008<br/><a href="https://lifetouchcounseling.net/">https://lifetouchcounseling.net/</a></p> <p>Additional Info:<br/>Offers play therapy, substance abuse therapy, and individual, couples, and family counseling<br/>Accepts most local insurances</p>       | <p><b>Gunnison Valley Hospital</b><br/>64 E 100 N<br/>Gunnison, UT 84634<br/>(435) 528-7246</p>  |

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| <p><b>Central Utah Health Department</b><br/>70 West View Dr<br/>Richfield, Ut 84701<br/>(435)896-5451</p> <p>Additional Info: Integrated Services for children with special health care needs. Care coordination.<br/>“Parents as Teachers” for families with children 0-3 years of age.</p> | <p><b>Cook Center- Parent Coaching</b><br/>parentguidance.org/school-coaching</p> <p>Additional Info:<br/>One-on-one parent coaching directed to your specific need. Includes one meeting a week for 30 minutes per session and direct coach contact through an app anytime throughout the week.</p>  |
| <p><b>Families First</b><br/>Sevier Coordinator: ShaunaLee Wall<br/>(435) 660-1235</p> <p>Additional Info: A unique intensive in-home intervention designed to teach parents and youth the necessary skills to change behaviors, build relationships, and stabilize the home.</p>             | <p><b>Markham McReynolds, LMFT</b><br/>(801) 810-7087<br/><a href="https://care.tavahealth.com/providers/markham-mcreynolds">https://care.tavahealth.com/providers/markham-mcreynolds</a></p> <p>Offers virtual therapy</p>   |
| <p><b>Intensive Care Coordination</b><br/>Division of Family Health<br/>Charlie Christensen<br/>385-321-0111</p>  | <p><b>Ascend Counseling and Wellness</b><br/>Bracken Lovell<br/>435-688-1111<br/>bracken@ascendcw.com</p> <p>245 N Main Street<br/>Richfield, UT</p> <p>Additional Info: Licensed marriage and family therapist. Works with individuals, couples, and families—a lot of experience with adolescents and couples, ADHD, anxiety- especially performance, and social anxiety.</p>   |
| <p><b>Sandstone Psychology</b><br/>Brennon Hutchings<br/>Certified Social Worker<br/>Sevier County<br/><a href="mailto:hutch12b@gmail.com">hutch12b@gmail.com</a><br/>435-421-4430</p>  | <p><b>Carrie Martinez-Wolf</b><br/>Early Childhood Care Coordination Program Coordinator<br/>0-8 Care Coordination Program - ISP<br/>Office of CSHCN<br/>Division of Family Health<br/>C: 385-271-6728<br/><a href="mailto:care.coordination@utah.gov">care.coordination@utah.gov</a><br/><a href="https://earlychildhood.utah.gov/">https://earlychildhood.utah.gov/</a><br/><a href="https://familyhealth.utah.gov/cshcn/integrated-services-program/#zeroto8">https://familyhealth.utah.gov/cshcn/integrated-services-program/#zeroto8</a></p> <p>Additional Info: <b>DHHS - 0-8 Care Coordinators</b> provide compassionate, well-informed support to families by connecting them to resources, educational services, screenings, and make referrals for children ages 0 to 8. This <i>no cost</i>, statewide service has <i>no eligibility requirements</i> and ensures families receive the care and support they need. Our <u>care coordination program</u> offers this free no- cost service to families and children aged Birth through 8 statewide. And our Care Coordinators speak Spanish and we also have access to an interpreter service for other language needs.</p> |
| <p style="text-align: center;"><b>Online Resources</b></p>  |   |

**SafeUT APP**

[safeut.org](http://safeut.org)

A crisis chat and tip line that provides real-time crisis intervention through live chat and a confidential tip line

**Suicide Prevention Hotline**

988

<https://988lifeline.org/>

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

**Cook Center****Parent Guidance Series**

Mental health training series is offered via Zoom once a month for anyone to join. Go to [seviersd.org](http://seviersd.org) to register.

**Parent Guidance.org**

<https://parentguidance.org/>

This is a website to help parents who may have a child who needs mental health support.

**USBE Link to additional websites**

<https://www.schools.utah.gov/prevention/parentseminars>

This link provides helpful resources for prevention and other student services.

If you are aware of a local resource we may have overlooked please email [shyla.anderson@seviersd.org](mailto:shyla.anderson@seviersd.org). Thanks!